



Little Learners • CLUB •



Maximize Love, Manage Stress

- Cuddle with your child while reading.
- Routines can be comforting for a child. Try reading before bath or bedtime.
- Go on a walk outside with your child to help naturally relieve stress.



Talk, Sing, and Point

- When in a store, talk about the things you see.
- Sing familiar songs, like "The Itsy Bitsy Spider."
- Play "I Spy" as you wait in line or at an appointment.



Read and Discuss Stories

- Read 600 books with your child. Ask your child about the pictures. Your librarian can recommend age appropriate books.



Count, Group, and Compare

- Count throughout the day—for example, crayons, or cereal pieces.
- Let your child help you sort laundry by color and size.
- Measure and record your child's height over time. Discuss how it changes.



Explore through Movement and Play

- Draw and trace basic shapes.
- Play "Simon Says" with simple directions.
- Play peek-a-boo with your infant or toddler.

The Palmetto Basics are five fun, simple, and powerful ways to help your children become the happiest and most successful they can be! Above are activities you can do with your child to help develop Kindergarten Readiness skills. Choose activities that best fit your child's age and abilities. Visit greenvillelibrary.org/kids/kindergarten-readiness for more Palmetto Basics activity ideas.

